



USDA Foreign Agricultural Service

# GAIN Report

Global Agriculture Information Network

Template Version 2.09

Required Report - public distribution

**Date:** 10/13/2005

**GAIN Report Number:** CS5015

## Costa Rica

## Food and Agricultural Import Regulations and Standards

## Annual Report

## 2005

**Approved by:**

Katherine Nishiura, Agricultural Attaché  
FAS San Jose

**Prepared by:**

Víctor González, Agricultural Specialist

---

**Report Highlights:**

There are changes in this year's report in several areas but primarily in the food products registration section.

---

Includes PSD Changes: No  
Includes Trade Matrix: No  
Annual Report  
San Jose [CS1]  
[CS]

## **COSTA RICA: FOOD AND AGRICULTURAL IMPORT REGULATIONS AND STANDARDS (FAIRS)**

- A. FOOD LAWS
- B. LABELING REQUIREMENTS
- C. FOOD ADDITIVE REGULATIONS
- D. PESTICIDE AND OTHER CONTAMINANTS
- E. OTHER REGULATIONS AND REQUIREMENTS
- F. OTHER SPECIFIC STANDARDS
- G. COPYRIGHT/TRADEMARK LAWS
- H. IMPORT PROCEDURE

### **APPENDIX A - MAJOR REGULATORY AGENCIES**

## A. FOOD LAWS

Costa Rican legislation dealing with food and agricultural imports has not undergone significant change over the last 13 years. The process of consolidation of a Central American Customs Union could result in changes in customs procedures, in the consistent implementation of the Food Labeling General Regulations (Reglamento General para el Etiquetado de Alimentos), currently under development, all over the region, and in a 100% application of the Codex Alimentarius throughout the entire area.

Several government institutions use different procedures to control food and agricultural imports into Costa Rica.

According to a decree issued by the Government of Costa Rica, from December 1, 1989, all imported food products must have labels in Spanish. Despite this language requirement, other languages may be used as well, as long as the required information is included in Spanish. The information below must appear on the product label in Spanish, except when indicated otherwise by a national standard or by the Codex Alimentarius. Stick on labels are allowed.

- Product name.
- Net content and drained weight in international system units.
- Artificial colors and flavors (if any).
- Ingredients listed in decreasing order, by weight.
- Importer's name and address.
- Lot number and expiration date.
- Country of origin.
- Preservation and use instructions.

The Ministry of Economy has also issued a nutritional standard including additional labeling regulations for food products which claim to have dietary advantages such as low cholesterol content, being free of preservatives, etc.

The abovementioned labeling requirements are enforced by the Costa Rican Ministry of Economy's Labeling Department. The Ministry of Economy is no longer approving or disapproving labels. Instead, producers and importers must comply with current labeling regulations. Significant fines await those whose products are found in the marketplace without a label that complies with the current legislation.

## REGISTRATION REQUIREMENTS/DOCUMENTS

Imported food products must be registered prior to importation at the Ministry of Health's Registration and Control Department (Ministerio de Salud, Dirección de Registros y Controles.) Registration is valid for five years and products are usually registered by importers. However, once a product is registered it may be imported by a company other than the one which originally registered it. For this reason, importers sometimes ask suppliers to share in the costs for the registration process. If a company wants to import a product that has already been registered, the company must still pay the full registration fee, which is currently set at \$100 per product.

According to Ministry of Health's regulations, once all of the required information is submitted, the Ministry decides whether to grant registration. The Ministry of Health has five working days after all the required documentation is submitted to process the registration request.

Product samples shipped via express mail or parcel post are not subject to the registration process although they are subject to sanitary regulations and normal customs procedures.

According to a government decree, for registration purposes, food products are classified as food products, additives, and raw materials. According to the General Health Law, if a product claims to have health related benefits, the product will be classified as a medicine or drug and the registration process may be different from that described below.

To register a product, the following documents must be submitted:

1. Registration request form signed by the legal representative of the company.
2. Free sale certificate issued by the health or other appropriate authority of the country of origin, indicating that the products being exported to Costa Rica are allowed for free sale and consumption in the country of origin. This document must be authenticated by the Costa Rican consul and countersigned by the Costa Rican Ministry of Foreign Relations. The document may include one or several products and must be less than two years old. If the document is written in a language other than Spanish, it must be accompanied by an official translation.
3. Original label of the product. If the label is in a language other than Spanish, an official translation of the label must also be attached. If the label is printed directly on the container, an original container and a copy of the label must be submitted.
4. Paid receipt of the registration fee, which according to current regulations is \$100 per product.

## **ADDITIONAL INFORMATION**

The certificates must be submitted in Spanish, in case they are submitted in another language, an official translation from the Ministry of Foreign Relations must accompany the certificate.

## **REQUIREMENTS TO RENEW THE REGISTRATION OF IMPORTED FOOD PRODUCTS**

Registration must be renewed every five years. The same requirements listed above are needed for renewal.

## **B. LABELING REQUIREMENTS**

### **B.1 MANDATORY LABELING OF PREVIOUSLY PACKED FOOD PRODUCTS**

The information below must be clearly shown on the label of prepackaged food products, as applicable to the product to be labeled, except when otherwise stated by a national regulation or standard in the Codex Alimentarius:

#### **B.1.1. Name of food product**

- The product's name must clearly indicate the nature of that food product and normally it must be a specific, rather than a general name.
- In the case one or several names for a food product have been established in Costa Rica's national standards or in a standard in the Codex Alimentarius, at least one of these names must be used.
- For other cases, the name prescribed by national legislation must be used. -In the absence of these names, a common or usual name established by common use must be used as a descriptive term, in order to avoid deceiving or misleading the consumers.
- A coined, imaginary, factory name or trademark can be used, provided one of the names mentioned in the above regulations is also used.
- Traditionally required words or phrases must appear on the label, next to or very near the name of the food product, intended to avoid deceiving or misleading the consumer in relation to the nature and status of the product, including –but not limited to—type of cover, presentation, status, and treatment of the product, e.g., dehydration, concentration, reconstitution or smoke treatment.

#### **B.1.2. List of ingredients**

- Except in the case of single-ingredient food products, a list of ingredients must appear on the product label.
- The term "Ingredients" must be written before the list or as the first word in the list.
- All ingredients must be listed in decreasing weight order at the time of production.
- Whenever an ingredient is the result of the mix of two or more ingredients, it can be stated as an ingredient in the list, provided it is accompanied by a list (in parenthesis) of its components stated in decreasing weight order. This requirement will not apply for composite ingredients with an established name in a national standard or in a standard in the Codex Alimentarius, accounting for less than 25 per cent of the food product, except for food additives with a technological role in the finished product.
- Water added must be indicated in the list of ingredients, except in the case when it is a part of an ingredient, such as brine, syrup, or broth used in a composite food product and stated as such in the list of ingredients. Volatile ingredients (such as water and others) used in the manufacturing process need not to be stated.
- As an alternative to general declarations in this section, in the case of condensed and dehydrated food products intended for reconstitution, ingredients can be stated in order of proportions in the reconstituted product, provided an indication such as this is included "Product ingredient when prepared as per this label."

- In line with subsection B.1.1. (name of food product) a specific product name must be used in the list of ingredients, except as follows:
- The following general names can be used for ingredients in each of the following kinds:

Type of ingredients	General names
Refined oil different from olive oil	Oil, together with the term “vegetal”, “animal” as modified by the term “partially hydrogenated” or “totally hydrogenated”, as applicable
Refined fats	Fats, together with the term “vegetal”, “animal”, as applicable
Starch	Different types of starch; chemically-modified starch
Fish	All sorts of fish, whenever fish is an ingredient for other food product, provided the label and the presentation of the product do not refer to a specific type of fish
Poultry	All sorts of poultry, whenever that fowl is not an ingredient for other food product, provided the label and the presentation of the product do not refer to a specific type of fowl
Cheese	All sorts of cheese, whenever that cheese or mix of different types of cheese is an ingredient for other food product, provided the label and the presentation of the product do not refer to a specific type of cheese.
Spices or spice mixes, as appropriate	All sorts of spice and spice extract in amounts not above 2% of product weight, either alone or mixed in the product
Aromatic herbs or aromatic herbs mixes	All aromatic herbs or parts of aromatic herbs in amounts not above 2% of product weight, either alone or mixed in the product
Base gum	All sorts of gum mixes used to manufacture base gum for chewing gum manufacturing
Sugar, dextrose, or glucose	All sorts of saccharose, monohydrated dextrose and anhydrous dextrose
Casein	All sorts of caseins
Cocoa butter	Cocoa butter obtained either through pressure, extraction, or refining
Candied fruit	All sorts of candied fruit in amounts not above 10% of product weight

- Despite what is stated in relation to general names, lard, shortening, and tallow must always be stated by specific name.

- In the case of different kinds of food additives listed as food additives allowed for food products in general, the following general names must be used together with the specific name or identification number accepted in the national legislation.

Flavor intensifier	Acid
Antiagglutinant agent	Antiagglutinant
Antisparkling agent	Antioxidant
Dying agent	Sweetener
Emulsifier	Thickener
Sparkling agent	Stabilizer
Gasifier	Freezing agent
Moisturizing agent	Volume expander
Starter	Acidity regulator
Emulsifier salt	Preservative substance
Color preserver	Flour treating substance
Glazing substance	

- The following general titles can be used in the case of specific food additives listed as authorized additives in the national lists of food additives or in the Codex Alimentarius:

Scents and aromatizing substances

Modified starches

The terms “scents” can be modified by other terms such as “natural”, “natural-like”, “man-made” or a combination of these.

- Aids in the manufacturing and transference of food additives:
- All food additives used in raw materials or other food ingredients and thus transferred in significant quantities to accomplish a technological function in the food product, will appear in the list of ingredients.
- Food additives transferred to food products in quantities below those required to accomplish a technological function in the food product, as well as aids in product manufacturing, will not appear in the list of ingredients.

### **B.1.3. Net content and drained weight.**

- Net content must be stated in Système International units as follows:
  - i) Volume, for liquid food products.
  - ii) Weight, for solid food products.
  - iii) Weight, for semisolid or viscose food products.
- In addition to stating net content, in the case of food packed in liquid the drained weight of the product must be stated in Système International units. For these purposes,

“liquid” must be understood as water, water solutions of salt or sugar, fruit juice, vegetables, fruit and vegetable preserves only, and vinegars, either pure or mixed.

#### **B.1.4. Name and address.**

The manufacturer’s name and address as well as those for the packer, distributor, importer, exporter or seller of the product must be stated.

#### **B.1.5. Country of origin**

- The name of the country of origin must be stated.
- For labeling purposes, whenever food products undergo manufacturing treatments that result in a change of nature in a country different than their country of origin, the latter country will be held as the product’s country of origin.

#### **B.1.6. Lot ID**

The lot ID must appear on each package, either written in plain language or in code, printed in any manner, provided it is unerasable. The product’s expiration date can be used as lot ID.

#### **B.1.7. Dating and preservation directions**

- Unless otherwise determined in a national standard or a standard in the Codex Alimentarius, the following dating procedure will be applied:
  - i) The expiration date must be stated
  - ii) This will include, at least, month and day for products with minimum expiration dates not beyond three months. Month and year for products with minimum expiration dates beyond three months. In the case of December, only the year must be stated.
  - iii) The expiration date must be stated with “Better before” to indicate a specific day, and “Better before the last day of” in all other cases
  - iv) The words stated in (iii) above must be accompanied by the date itself or a reference to the place where the date is printed
  - v) Day, month, and year (in that order) must be stated in numerical, non-coded order. The name of the month can be fully written.
  - vi) Despite regulation 4.7.1 (i), no indication is required for minimum expiration dates in the case of fresh fruit and vegetables, including potatoes not yet peeled, cut or treated in any other way. The same is true for: liquor wines, sparkling wine, aromatized wines, fruit wines, and sparkling fruit wines and alcoholic beverages with 10% alcohol or more per volume; bakery goods that, due to their nature, are intended for consumption at most 24 hours after manufacturing; vinegar; salt as food ingredient; solid sugar; candy goods made of aromatized and colored sugar; chewing gum; and specific food products exempted by Product Committees, either national or from the Codex.

-In addition to the expiration date, any special conditions required for preservation must be stated in the label, provided the validity of the expiration date depends on these.



**B.1.8. Directions for use.**

The product label must indicate all directions required for product use, including reconstitution, if needed, in order to ensure appropriate use of the product.

**B.2. ADDITIONAL MANDATORY REQUIREMENTS****B.2.1 Quantity labeling of ingredients**

- Whenever the label indicates the existence of one or more valuable, characterizing ingredients, or when this effect results from describing the food product, the initial percentage of the ingredient at the time of manufacturing must be stated.
- Likewise, when a product label highlights a low content of one or more ingredients, the percentage of the ingredient in the final product must be stated.
- Reference made in the name of a food product to a given ingredient will not imply, per se, it is given special relevance. Reference made in the product label to an ingredient used in a small quantity or merely as an aromatizer will not imply, per se, it is given special relevance.

**B.2.2 Irradiated food products**

- All food products treated with ionizing radiation must indicate, in writing, that treatment close to the product name. As shown below, the use of the international symbol indicating the product was irradiated is facultative, but when used it must be placed close to the product name.
- Whenever irradiated products are used as ingredients of other food product, this must be stated in the list of ingredients.
- Whenever a single-ingredient product is manufactured using irradiated raw materials, the product label must contain a statement indicating the treatment.

**B.3. EXEMPTIONS FOR MANDATORY LABELING REQUIREMENTS**

Except in the case of spices and aromatic herbs, small units with package surface of less than 10 cm<sup>2</sup> can be exempted of those requirements stated in the above subsections.

**B.4. OPTIONAL LABELING**

- Labels can show any information or graphic illustration as well as written, printed, or graphic matters, provided these do not contradict mandatory requirements in these regulations, including those related to statement of properties and deception, as established in the Labeling Regulation under General Principles, Section 3.

**B4.1. Quality specifications**

Quality specifications (when used) must be easily understandable and must not be misleading in any manner whatsoever.

## **B.5. PRESENTATION OF REQUIRED INFORMATION**

### **B.5.1 Background**

- Labels applied to prepackaged food products must be placed so that they do not split from the package.
- The data that must appear on the label, as per these regulations or as per any other standard, either national or from the Codex Alimentarius, must be written in clear, visible, unerasable, easy-to-read characters, to be read by consumers in normal purchase and use circumstances.
- When the package is wrapped, this must contain all data required. Otherwise, the product label must be easily readable through the outer wrapping or the wrapping must not obscure it.
- The food product name and net content must be prominently stated so that they are easily visible.

### **B.5.2 Language**

- The product label must be written in Spanish, whenever the label is not originally written in that language. A supplementary label can be used instead of a new one. In that case, the label must contain, in Spanish, all the information required.
- When a new or a supplementary label is used, the information provided must fully and accurately reflect the information given in the original label.

## **C. FOOD ADDITIVE REGULATIONS**

The Codex Food Additive list is commonly used in Costa Rica. A copy of this list may be secured at the Registration and Control Management Office (Dirección de Registros y Controles) of the Ministry of Health. (See the appendix for address.)

## **D. PESTICIDE AND OTHER POLLUTANTS**

The Ministry of Agriculture is responsible for regulating agricultural chemical residues in foodstuffs. Every chemical, biological, biochemical or related substance for agricultural use must be registered at the Ministry of Agriculture, Department of Agricultural Inputs Control (Departamento de Control de Insumos Agrícolas), and also at the Department of Toxic Substances of the Costa Rica Ministry of Health (Ministerio de Salud, Departamento de Sustancias Tóxicas).

Registration requirements may be waived for products in transit, products used in research and products used to fight specific plant health problems.

The procedures and requirements for registration, import, export, production, storage, distribution, transportation, repackaging, mixing, research, sale and use of these substances are described in the technical regulations for each type of agricultural input, including pesticides, fertilizers, biological and biochemical substances and related agricultural substances. Costa Rican pesticide regulations are based primarily on EPA and Codex regulations. A list of approved pesticides can be secured from the Department of Agricultural Inputs Control (for address, see the contact section of this report.)

For imports and customs clearance of all kinds of pesticides, fertilizers, aid products, raw materials, and related substances for agricultural use, a sealed permit is required. This is issued by the authorized officers of the Ministry of Agriculture, at the Single Foreign Trade Office (Ventanilla Única de Comercio Exterior.)

The legal grounds to control these products are provided by the following acts and decrees:

- Ley de Protección Fitosanitaria (Plant Health Protection Act) 7664 del 8 abril de 1997.
- Decreto (Decree #) 26921-MAG: Reglamento a la Ley de Protección Fitosanitaria. (Regulations of the Plant Health Protection Act.)
- Decreto (Decree #) 24337-MAG-S (La Gaceta, #115, June 16, 1995): Reglamento sobre registro, uso y control de plaguicidas agrícolas y coadyuvantes. (Regulations on registration, use, and control of agricultural pesticides and aid products.)
- Decreto (Decree #) 28429-MAG-MEIC RTCR 316: (Gaceta #31, February 14, 2000): Reglamento para inscribir fertilizantes. (Regulation on registration of fertilizers.)
- Decreto (Decree #) 27973-MAG-MEIC-S RTCR 318: 1998 Laboratorio para el análisis de sustancias químicas, biológicas de uso en la agricultura. (Analysis lab for chemical and biological substances used in agriculture.)
- Decreto (Decree #) 27630 RTCR 229: 1996 Límites máximos de residuos de plaguicidas en vegetales. (Maximum limits for pesticide residuals in vegetables.)
- Decreto (Decree #) 27041-MAG-MEIC Norma 176: 1991 Agroquímicos. Toma de muestra. (Standard 176: 1991, Sampling agrochemicals.)
- Decreto (Decree #) N. 27037- MAG-MEIC. (Equipment.)

### **Registration of legal entities and persons**

Every legal entity or person engaged in importing, exporting, registering and repackaging chemical and/or biological substances or application equipment for agricultural use must be registered with the Costa Rica Plant Health Service (Servicio Fitosanitario del Estado), once it has met all requirements stated in the appropriate regulation.

#### **D.1. Procedure for imports/customs clearance of registered products**

<http://www.protecnet.go.cr/insumosagricolas/registro/regcomoimportar.htm>

An authorization form must be completed, as explained below:

- The form must be signed by the manager of the importing firm (indicating registration number.)
- It must be signed by the representative of the importing firm.
- The MAG registration number must be indicated.
- The production lot number must be also indicated.
- A photocopy of the invoice must be added, as well as B/L, the air bill of lading or trucking bill of lading (depending on the means of transportation used.)

#### **D.1.1. Registration**

No legal or natural person will be allowed to import, export, manufacture, prepare, store, distribute, transport, repack, advertise, manipulate, mix, sell nor use chemical, biological, or similar substances for agricultural use that are not registered in accordance with the requirements listed in the Regulation on registration, use, and control of agricultural chemicals. <http://www.protecnet.go.cr/insumosagricolas/registro/default.htm>

Companies must submit to the Registry Department and the Department of Agricultural Inputs the completed registration form as well as all documents required (which differ depending on whether they relate to individuals or companies).

The Registration Program will determine whether to register an agricultural chemical based upon physical and chemical properties --both of the active ingredient and of the prepared product-- the analytical methods used to determine the active ingredient and the analysis of residues in crops, toxicological studies of the product, agronomic use based on biological effectiveness tests supervised by the Costa Rican Ministry of Agriculture, effects upon the environment, tolerance or maximum limits for residues in each crop and appropriate labeling of the product. Proof of effectiveness will be required whenever necessary. Product information will be evaluated on the basis of international toxicology and environmental performance standards. Legal imports of pesticides are allowed only in compliance with all regulatory and technical requirements.

#### **Registration of equipment**

The registration of equipment used to apply chemical, biological, biochemical or similar substances for agricultural purposes will ensure to users the quality and the characteristics of the product as claimed by manufacturers. Also, it will guarantee the import, manufacturing, distribution, marketing, and use of equipment in land and air applications, in addition to provision of spare parts and service.

#### **Registration of chemical products**

To register agricultural chemicals, technical and support products, the interested party must submit a registration application, plus two copies signed by that party and the company's manager. The application form must include:

- Name and address of the party willing to register a product and company's registration number.

- Manager's name and address.
- Generic and trade names, kind, type and composition of products to be registered, as well as name of the manufacturing company.
- Credit note covering the cost for two analyses of the product, in order to determine its identity and quality.
- Material, type and size of product package, to ensure that packaging material can resist the chemical and physical effect from the product.
- Name and address of the resident manager's office, in the case of artificial persons.

### **Registration of pesticides**

The original registration form plus two copies must be accompanied by a list in Spanish of the pesticide's characteristics, plus the following information:

- Chemical and physical properties of active ingredient.
- Characteristics of formulated product.
- Method of analysis.
- Data required (DSTMT) by the Costa Rican Ministry of Health regarding the hazardous nature of the product in relation to the environment and human health.
- Use required.
- Chemical, physical and biological effects resulting from the use of the pesticide.

In the case of pesticide imports, the application form for registration must be accompanied by:

- An official document indicating registration date and number in the country of origin as well as type of formulation and concentration, in case no previous local registration exists.
- Brand name certification of product to be registered.
- Patent certification for the product.

### **Registration of fertilizers**

In the case of fertilizers, registration is based on Decree #28429 MAG-MEIC, dated February 14, 2001. To register the product, a new file containing all data required is developed. As in the case for pesticides, the file is submitted to the Input Department Registration Unit for review, approval and registration, once fees are paid. The registration application must be submitted on standard paper to the Ministry of Health, with a copy signed by the company's legal representative. This process must be carried out for each product to be registered.

#### **D.1.2. Imports of product samples**

A special permit is issued for research or evaluation purposes, for the company's exclusive use, to deal with emergencies, and to exempt the firm from compliance with MAG-MEIC Decree # 24037 and from product labeling requirements. To apply for this permit, a firm

must:

- Submit the customs clearance authorization form approved by the Registration Department and signed by the company's manager and the company's legal representative.
- Add a copy of the invoice.
- Complete a questionnaire (in the case of fertilizers and pesticides, as required.)

The following must be added to the above-mentioned questionnaires:

An application form indicating the name, address, capacities, legal domicile, ID card number, phone number, and postal office box number or legal address of the applicant. Also the goal of the research must be stated, as well as the name of professionals involved and their membership number in the appropriate association.  
A complete description of the research to be carried out.

A product label must be submitted with the questionnaire and approved to obtain authorization for the product's free use in Costa Rica after customs clearance. This procedure must be carried out prior to the product's arrival in the country to avoid customs clearance difficulties. Prior to starting the procedure the requirements stated in 1 and 2 above must be complied with, and the application form plus the description must be submitted to the Registration Office or to PROCOMER's Single Foreign Trade Office (Ventanilla Única de Comercio Exterior.)

### **D.1.3. Marginal notes**

Upon request of the interested party and upon submission of all documents required, that party will be allowed to:

1. Change or expand the country (or countries) of origin.
2. Change the brand name.
3. Transfer the registry property or recall registration.
4. Make other changes that will not result in an alteration of the structural and functional nature of the registered good.

The Pesticide and Fertilizer Department (Departamento de Abonos y Plaguicidas) is located in Barreal de Heredia, with working hours Monday through Friday, 7:30 a. m. through 4:00 p.m. Phone: (506) 260-0224.

Source: Ley de Protección Fitosanitaria (Plant Health Protection Act) Number 7664:  
<http://www.protecnet.go.cr>

## **E. OTHER REGULATIONS AND REQUIREMENTS**

### **DIETETIC FOODS**

Under the General Health Act, the Costa Rican Ministry of Health requires that dietetic food products be registered at the Drug Control Department rather than at the Food Control Department. This is based in Article 104 of that Act, which defines as medicine all kinds of dietetic foods, foods with any kind of medical substances added, and foods or products claiming health benefits.

The definition for dietetic foods (as defined by the General Health Act, Article 104) is as follows: “Dietetic products are those products used to treat abnormal physical states and to reestablish or modify the individual’s organic functions. Foods with medical substances added are included in this definition.”

Foods used for nutritional treatments recommending maximum daily dosages or whose consumption must be restricted in order for the product to achieve its purpose, must also be registered at the Drug Control Department.

The definition of dietetic foods does not include lite products, low-cholesterol products or high fiber content products, which do not have medical substances added, are not used to reestablish an individual’s organic functions, and are not restricted in their consumption. Lite products such as lite fruit cocktails, low-fat milk and lite butter are not considered dietetic foods. Products labeled salt-free, sugar-free, or with vitamins or minerals added, are not considered dietetic foods according to the criteria used by the Costa Rican Ministry of Health.

Before registering a dietetic product, the importer must register in Costa Rica the U.S. laboratory manufacturing it (usually a lengthy procedure that sometimes turns out to be costly.)

### **STATEMENTS REGARDING HEALTH PRODUCTS**

This is defined as any implicit or explicit assertion written on the label of a food product, including dietetic supplements, which includes references from third parties, written declarations (trademarks including terms such as “heart”), symbols (a heart symbol), or illustrations which characterize the relation of any substance with a disease or health condition. Implicit health declarations include those declarations, symbols, illustrations or other forms of communication which suggest, within the context in which they are presented, that a relation exists between the presence or the level of a substance in the food and a health-related condition. These statements are allowed within certain limits and must comply with the regulations of Appendix A (General Guidance on the Declaration of Properties) of the General Labeling Regulation.

### **NUTRITIONAL INFORMATION**



Nutritional information labeling is mandatory when statements about the nutritional properties of a product are made. The following are examples of these types of statements:

Reduced in energy  
Fortified or enriched  
Calcium contributes to the development of teeth and bones  
Free of sodium  
Low fat content

When statements of that kind are included in the product's labeling, the label will have to comply with the General Labeling decree (#26012), as well as with decree #30256, (Nutritional Labeling of Prepackaged Products).

If a product does not point out any nutritional properties, then nutritional labeling is not required. However, if the information is included voluntarily, the labeling will have to comply with the regulation.

## **COMPLEMENTARY NUTRITIONAL INFORMATION**

Complementary nutritional information is information that aims to facilitate the consumer's understanding of the nutritional value of the food product and to help him/her interpret the statement about the nutrient. There are several ways to present information that can be used in the labels of food products (e.g., graphs, tables and others.)

The use of complementary nutritional information on the label of food products is optional and supplements the declaration of the nutrients.

Complementary nutritional information on the label should be accompanied by educational programs for the consumer in order to increase his/her understanding ability and to allow for a better use of the information.

## **NUTRITIONAL LABELING WITH NUMBER OF PORTIONS**

The label of a food product stating the number of portions contained must indicate immediately after the statement the net portion size (in terms of weight, volume and number.) It may be stated in different units (cups, tablespoons, etc.) as long as it does not lead to confusion. Whenever nutritional information is required, the statement of the net quantity of the portion must be constant; for instance: 10 portions of 1 cup (250 ml.)

## **DEFINITION OF THE REFERENCE QUANTITY GENERALLY CONSUMED IN ONE MEAL**

In order to determine the size of the food portions not included in this standard, the following information must be provided:

-Portion size used in dietetic guides recommended by the authorities.



- Portion size recommended in the literature.
- Portion size used in other countries

Since the reference quantity and also the stated portion size in the label reflect the amount of food generally consumed, these should only be based on the edible part of the food, that is, excluding bones, seeds, skin and other non-edible parts.

The reference quantity must be based on the main use of the food; for example, milk as a beverage and not as an addition to cereal.

The reference quantity for products used as ingredients for other preparations but to be consumed just as they are purchased (for example, butter), must be based on the form they are purchased.

The statement of nutrients must be made based on the food as it is packed, with the exception of foods canned in water, brine or oil, and whose covering is not generally consumed (for example, cherries, capers). In these cases, the statement of nutrients must be on the drained product.

## **F. COPYRIGHT/TRADEMARK LAWS**

Costa Rica is a signatory of some major international agreements and conventions on intellectual property, trademarks, copyrights, and patent protection, including the Paris Convention for the Protection of Industrial Property, the 1886 Bern Convention for the protection of literary and artistic works, the 1952 Universal Copyright Convention (Geneva), the 1961 Rome Convention for the Protection of Artists and Performers of Artistic Works, and the 1971 Geneva Convention for the protection of phonograms against unauthorized reproduction. Costa Rica is also a member of the World Intellectual Property Organization (WIPO).

Costa Rica adopted the revised Central American Convention on Industrial Property in 1995, which brings Central American laws on industrial property in line with world standards and the requirements of the WTO Agreement on Trade-Related Aspects of Intellectual Property (TRIPS) and major international conventions. The TRIPS was ratified on January 1, 2000.

Copyrights can be registered with the National Registry, but protection is guaranteed under international treaties even if they are not registered locally.

Trademarks are effectively protected by the National Registry, which keeps permanent files on foreign trademarks. Any trademark registered abroad can be registered also in Costa Rica, and in the practice, the trademark is protected against copying even if not registered in Costa

Rica upon submitting proof of registration abroad. Theoretically, U.S. patents can be registered at the Patents Office of Costa Rica National Registry. Costa Rica has committed under CAFTA to protect test data. This data will be protected for 5 years in the case of pharmaceuticals and for 10 years for agricultural chemicals.

Theoretically, U.S. patents can be registered at the Patents Office of Costa Rica National Registry. Costa Rican law stipulates that patent protection for inventions is granted for 20 years.

U.S. companies are advised to contact qualified local attorneys to register their company trademarks and other intellectual property as they enter or consider entering the local market.

## **G. IMPORT PROCEDURE**

Costa Rica is moving towards an electronic customs system. The new system, known as TICA (Information Technology for the Customs System), intends to simplify procedures, improve the transparency of the decisions of customs officials, improve tax revenues, and improve the trustworthiness of the information used by customs. The system relies on several areas: a centralized customs database; a single customs declaration for imports, exports and transit of goods; the use of the internet for the transmission of customs declarations, the electronic payment of duties; and online operation 24/7, all year round. The system was implemented at the port of Caldera in July and at the Central Customs on October 3, with gradual application throughout the rest of the customs system forthcoming.

Costa Rica generally requires only invoices, bills of lading and airway bills to import goods. Mail shipments require only postal documentation. Imports of bulk agricultural and horticultural products require plant health certificates. Food Safety and Inspection Service (USDA/FSIS) certificates are required to import fresh and frozen meats. Meat and poultry plants must be approved by the Costa Rican Ministry of Agriculture before they may export to Costa Rica. The procedure for getting a plant inspected is lengthy as Costa Rican authorities do not have the necessary personnel to conduct on site visits in foreign countries on a timely manner. The first step in this process is to make a formal request for inspection to the Director of Animal Health of the Ministry of Agriculture, indicating the plant(s) to be inspected and the location. Either the importer or the exporter must bear the cost of the inspection visit. Under CAFTA-DR, Costa Rica agreed to apply the science-based disciplines of the WTO agreement on Sanitary and Phytosanitary Measures. Costa Rica also agreed specifically to undertake an equivalency determination for all establishments inspected by USDA's Food Safety Inspection Service, but has not made significant progress toward this objective.

Most processed food products (canned, boxed, and pre-cooked goods) do not require plant health or animal health certificates, but exporters should check with their importers, who are ultimately responsible for knowing local regulations.

Imports of toxic substances, insecticides, pesticides and agricultural chemicals, require an import permit from the Costa Rica Ministry of Health as well as registration at the Ministry of Agriculture. The permit can be secured upon submission and approval of quantitative/qualitative analysis certificates and free-sale certificates, which must be provided by the exporter. These certificates must be authenticated by a Costa Rican consul in the United States or other country of origin.

Food products must be registered prior to importation. Labeling, according to the abovementioned regulations, may take place once the product enters the country but, in any case, before the product reaches the point of sale. Violations of documentation laws lead to heavy fines. Consequently, great care must be taken to avoid errors and violations.

Costa Rican customs procedures are complex and bureaucratic, but they have improved somewhat since the passage of the 1995 General Customs Law. Much of the necessary processing is now accomplished electronically, and "one stop" import and export windows have significantly reduced the time required for customs processing.

Import-related procedures can be summarized as follows:

- The importer contacts a Customs Agent, since according to article 33 of the General Customs Law, the customs agent is the only person authorized by the Customs Department to provide customs services.
- The importer provides the customs agent with the following documents: Commercial invoice, bill of lading or airway bill depending on the transportation means to be used, and copy of the importer's identification document (passport, cedula or legal identification in the case of a business entity).
- The customs agent classifies the imported product and determines the type of import permits (phytosanitary etc.), if any, are required.
- The customs agent may request the permits on behalf of the importer. However, prior to this, the product must have been registered at the Ministry of Health or Ministry of Agriculture, depending on the product
- Once the necessary permits have been processed, the Customs Agent fills the Declaracion Aduanera de Importacion (Customs Import Form) and submits it to the Customs office where the product is expected to enter the country.
- Under normal procedures, customs uses a random sampling process to physically inspect the product. The process will indicate whether the product needs to be physically inspected or not.
- Once the product is inspected by customs (if selected for inspection), the customs agent proceeds to pay the duties<sup>1</sup>. Customs then provides a copy of the Customs Import Form, with the statement "Levante de Mercancia" (Cleared Product), and the importer or its representative can pick up the product.

---

<sup>1</sup> Taxes are calculated in accordance with the Central American Tariff and Customs Valuation Act (Ley de Valoración Aduanera y al Arancel Centroamericano --S.A.C.).

## APPENDIX A- MAJOR REGULATORY AGENCIES

### Oficina Nacional de Etiquetado

Ministerio de Economía, Industria y Comercio,  
MEIC

Apartado 1736-2050, San José, Costa Rica

Telephone: (506) 235-2700, extension 247

Fax: (506) 297-1439

<http://www.etiquetado.go.cr>

### Registration of Agrochemicals

Departamento de Control de Insumos Agrícolas

Dirección General de Protección Agropecuaria

Ministerio de Agricultura y Ganadería

Apartado 10094-1000

San José, Costa Rica

Telephone: (506) 260-8300

**Fax: (506) 260-8301**

<http://www.protecnet.go.cr/insumosagricolas/registro>

### Registration of food products:

Ministerio de Salud, Dirección de Registros y  
Controles

Apartado 10123-1000, San José, Costa Rica

Telephone: (506) 223-0333

Fax: (506) 222-1420

<http://www.netsalud.sa.cr>

Gustavo Arce

Ministerio de Salud- VULE-PROCOMER

Telephone: (506) 256-7111, extension 209

Fax: (506) 233-9272

e- mail: garce@procomer.com

<http://www.procomer.com>

Import requirements for the following products may be obtained from the Costa Rican  
Animal and Plant Health Protection Department of the Ministry of Agriculture:

- Plant seeds
- Processed vegetables
- Grains
- Biological control agents
- Vegetable products not included under plant seeds
- Spices for consumption or processing
- Vegetable products and by-products
- Propagation material
- Fruit
- Fertilizers, registration and labeling
- Laboratory for residue analysis and chemical and biological substances of agricultural use
- Registration and labeling of biological and biochemical pesticides

- Registration and examination of application equipment for agricultural, chemical and biological substances.
- Maximum residue levels of pesticides in vegetables.

For information on these requirements please contact:

Dirección de Protección Fitozoosanitaria  
Centro de Información Fitosanitaria y Zoosanitaria  
Phone: (506) 260-8300  
Fax: (506) 260-8291  
<http://www.protecnet.go.cr/>

**Tatiana León**

Ministerio de Agricultura-PROCOMER  
Phone: (506) 233-9918  
Fax: (506) 233-9272  
E-mail: [tleon@protecnet.go.cr](mailto:tleon@protecnet.go.cr)

For requests for inspection of meat and poultry plants please contact :

**Dr. Alexis Sandi**

Director de Salud Animal  
Ministerio de Agricultura y Ganadería  
Phone : (506) 262-0221  
Fax : (506) 262-0221  
E-mail : [inspecarnes@protecnet.go.cr](mailto:inspecarnes@protecnet.go.cr)

For information on import requirements for meats and other products of animal origin please contact :

**Dr. Oscar Johanning**

Director  
Departamento Zoosanitario de Importación  
Ministerio de Agricultura y Ganadería  
Phone : (506) 260-9046  
Fax : (506) 260-9046  
E-mail : [ojohanning@protecnet.go.cr](mailto:ojohanning@protecnet.go.cr)